Prayer:

He is God! O God my God! Bestow upon me a pure heart, like unto a pearl.

Painted Shells



Supply list:

- 1. Shells (pack from Dollarama)
- 2. Styrofoam balls or pom poms (Dollarama)
- 3. Glue
- 4. Paint

Instructions:

- 1. Let the children paint the outside of the shell
- 2. While it's drying you can learn the prayer
- 3. After it's dried, you can glue the pom pom or whatever you are using to look like a pearl inside.

Song: "Be Happy" by Max Weigert

Quote:

"I want you to be happy...to laugh, smile and rejoice in order that others may be made happy by you." - Abdu'l-Baha





Instructions:

- 1. Have the children color the smiley face
- 2. Cut out the smiley face and glue it onto a popsicle stick
- 3. They can hold it while they sing the song

Materials:

- 1. Printed paper with the smiley face
- 2. Popsicle sticks
- 3. Crayons or markers

Quote:

"O FRIEND! In the garden of thy heart plant naught but the rose of love"



Instructions:

- 1. Cut hole out of paper plate
- 2. Stick contact paper to the plate
- 3. Have the children add flowers (I used a flower bouquet that was about to wilt)
- 4. Write quote on the border of the paper plate
- 5. Hole punch and add string
- 6. Hang on window

Supply List:

- 1. Flowers
- 2. Paper plates
- 3. Contact paper
- 4. String
- 5. Hole puncher

Prayer:

O God, guide me, protect me, make of me a shining lamp and a brilliant star. Thou art the Mighty and the Powerful. 'Abdu'l-Bahá.

Make playdough kits with the toddlers



Supply list:

- 1. Playdough recipe (I used the mothercould recipe)
- 2. Stars (Dollarama)
- 3. Containers (Dollarama)
- 4. Labels (Dollarama)

Prayer:

O God, guide me, protect me, make of me a shining lamp and a brilliant star. Thou art the Mighty and the Powerful. 'Abdu'l-Bahá.



Supply list

- 1. Lanterns from Michaels.ca
- 2. Stickers
- 3. Led lights
- 4. Cotton pad (to keep light from sliding too much)

Sing the prayer while the children hold their lanterns.

Quote:

Ye are the fruits of one tree, and the leaves of one branch.

Collective Art Project



Supply List

- 1. 3 poster papers taped together (from Dollarama)
- 2. Fall leaves
- 3. Glue

Instructions

- 1. Have the kids work together gluing different leaves on the tree.
- 2. You can also cut out fruit out of paper for the kids to glue (I just ran out of time)

Song: We are drops



Instructions:

- 1. Draw a few basic lines for the water and tree
- 2. Cut out ahead of time small pieces of tissue paper or have the kids cut them.
- 3. Have the kids glue them onto the paper.

Supply list:

- 1. Paper to draw the outline
- 2. Tissue paper (blue for water, green for leaves and brown for tree trunk)
- Glue