**The Story of Two Wolves**

**An old Cherokee chief was teaching his grandson about life.**

“A fight is going on inside me,” he told the young boy, “a terrible fight between two wolves. One is evil, full of anger, sorrow, regret, greed, self-pity and false pride. The other is good, full of joy, peace, love, humility, kindness and faith.”

*“This same fight is going on inside of* ***you****, grandson…and inside of every other person on this earth.”*

*The grandson ponders this for a moment and then asks, “Grandfather, which wolf will win?”*

The old man smiled and simply said,

***“the one you feed.”***