**PRAYERS:**

“Let the words of my mouth and the meditation of my heart be acceptable in thy sight, O Lord, my rock and my redeemer.” -Psalm 19.14

“In the name of God, the Compassionate. Praise be to God, the Lord of the Worlds, the Compassionate, the Sovereign of the day of judgement. Thee do we worship and of Thee do we beg assistance. Direct us in the right way; in the way of those to whom Thou hast been gracious, on whom there is no wrath and who do not go astray.” –The Holy Quran

“Oh Great Spirit! Let your voice whisper righteousness in our ear through the west wind in the late of day. Let us be comforted with love for our brothers and sisters with no war. Let us hold good health mentally and physically to solve our problems and accomplish something for future generations of life. Let us be sincere to ourselves and our youth and make the world a better place to live.”

-Native American Prayer, Lloyd Carl Owle (Cherokee)

*Additional Prayers can be said from prayer books or just from your heart*

**SACRED WRITINGS ON COMPASSION:**

“… all effort and exertion put forth by man from the fullness of his heart is worship, if it is prompted by the highest motives and the will to do service to humanity. This is worship: to serve mankind and to minister to the needs of the people. Service is prayer.” –The Bahai Sacred Writings

“Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is Love.”-The Holy Bible

 “All God's prophets have brought the message of love. None has ever thought that war and hate are good. Every one agrees in saying that love and kindness are best. Love manifests its reality in deeds, not only in words - these alone are without effect.”-Abdu’l-Baha

“Bear one another's burdens, and so fulfill the law of Christ.” –The Holy Bible

“Rendering help to another is the function of all human beings.”-Jainism.

“The sage does not accumulate for himself. The more he uses for others, the more he has himself. The more he gives to others, the more he possesses of his own. The Way of Heaven is to benefit others and not to injure. The Way of the sage is to act but not to compete.”- Taoism. Tao Te Ching