**Story from Grade 2 Lesson 13**

You can now tell the children the following story from the early history of the Faith, helping them to see that trust in God will strengthen them in times of difficulty and will enable them to pass through such times without letting bitterness into their hearts.

*You already know that, before 'Abdu'l-Baha and His family were forced to leave their homeland, His Father, Baha'u'llah, was arrested and sent to prison by an unjust government, which was fearful of the truth of the Divine message He proclaimed. During that time, not only Baha'u'llah, but many of those who responded to the call of this message were taken from their homes and families and locked in the most terrible prison, an underground dungeon, where they were bound in heavy chains.*

*The prisoners could breathe no fresh air and the floor was covered in filth and crawling with rats and insects. No light reached the dungeon; it was always icy cold. As the prisoners sat facing each other in that horrible place, Baha 'u'!!ah taught them to chant verses that reaffirmed their trust in God and helped to remind them that God would never ask more of them than they could give, that He would grant them the strength they needed to withstand whatever oppression they might suffer and to cling fast to the truth they held in their hearts. As evening came on, they would begin to raise their call. "God is*

# sufficient unto me;" one row would call out, "He verily is the All-Sufficing!" Then the other row would respond, "In Him let the trusting trust.” Throughout the night, they would repeat these words, so loudly that the sound of their uplifted voices reached even the king in his palace nearby.

*When he heard the sound of the prisoners, the cruel king asked from where it came. He was told that this was the sound of the prisoners who were locked in the dungeon with Baha'u'llah. The king said nothing more. It was clear that, no matter what horrors he might inflict on these prisoners, there was nothing he could do to turn them away from the truth of the Cause they had embraced.*

After story, can chant the prayer sung in the prison together

See [www.supportingthecoreactivities.org](http://www.supportingthecoreactivities.org) under this lesson for a 4 x 6 format of the prayer “God is sufficient unto me”.