Motions to "Brush Your Teeth" song

|  |  |
| --- | --- |
| When you WAKE up in the morning | Eyes bright. Fists to the side of eyes, then open them on the word "Wake" |
| 1: It's a quarter to ONE | Hold up "one" index finger, push hand and finger outward |
| and you want to have a little FUN | Rub hands together gleefully, rolling eyes mischievously  |
| You brush your teeth (chhh chhh chhh...) | Hold pointer finger horizontally like a toothbrush, use it to mime brushing teeth |
|  |  |
| 2: And you want to find Something to do... | "shield" eyes as if from the sun, look around |
| 3. Mind starts hummin' | Tap temple with index finger |
| 4. Hear.... knock | Cup hand behind ear listening, then "knock" with knuckles |
| 5. Come alive | Hands balled into fists with arms raised (elbows bent), rock back and forth to the beat, arms up and down celebrating,  |