**Thankfulness Lesson 02**

Memorization:

Reflect, O people, on the grace and blessings of your Lord, and yield Him thanks at eventide and dawn. ~ ~ Bahá'u'lláh

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| **Time** | **Activity** | **Who** | **Details** | **Materials** |
| 3:15 | Play/snacks/Park |  | Snacks for children:  | Name-tags |
| 4:00 | Walk to Michelle's |  | Remind children and parents to remove shoes and enter quietly | Rope with rings |
| 4:05 | Opening prayer: **Blessed is the spot** |  | Ask: Why we always start with prayer?(Because God is the source of all virtues, and we are asking for His help in our spiritual development.) | CD with songPoster with words |
| \*\* | Helper White Board |  | Write each child's name, and how they will help in class today | Michelle will write |
|  | Remind children class rules |  | 1. Raise hand before speaking2. Stay seated, please do not bounce around and distract3. Keep your hands and feet to yourself4. REMIND children and parents there is a quiet room |  |
| 4:10 | Introduce Topic |  | **Description of Thankfulness**: 1. Thankfulness means being glad for all the people and things in our lives, even the little things we sometimes do not notice. Another way to say "thankfulness" is the word "gratitude" or "being grateful". 2. What are some of the things you are thankful for? (go around the room, give each child a chance, someone will write it on the white board, then review it after each child has had a turn ... "One of the things Dev is thankful for... and one of the things Nyla is thankful for...")3. Where do each of these things thing come from? (trace all of the blessings back to God). | 2nd White Board, markers |
|  | Song: *Hooray for the World* |  |   | Poster, CD |
| 4:30 | Story: *Bear Says Thanks* |  |  |  |
|  | Learning in Action: Thankfulness Wreath |  | Prep: Ask parents for five or six photos of someone their child is thankful for: parent/s, siblings, grands, aunts or uncles, friends, pets. Can be a photo of the child hugging that person | Wreath with ribbon tie. Stickers with Verse. Cut-out large leaves |
|  | Story: Select a story book |  | As children finish activities, to help them settle down |  |
| 5:25 | Memorize Verse |  | with motions (below) |  |
| 5:30 | Closing song |  | This little light of mine | Tea candles |
| **Backup Activities** |
| Outdoors |  |  | Parachute games, tag |  |
| Stories |  |  | *The Thank You Book* (by Mo Williams)*Pelle’s New Suit* (by Elsa Beskow)*Thank You, Thanksgiving* (by David Milgrim)*Thankful Together* (by Holly Davis) |  |
| Songs |   |  |  |
|  | Handouts | Reflection for parents, CD with songs, coloring sheets |  |

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| Reflect | Tap your finger to your temple |
| O people | hands in front, palms up, then spread them to each side while looking from side to side |
| on the grace and blessings | fingers like rain drops coming down from heaven |
| of your Lord | palms open upward, raise hands to the sky while looking up |
| and yield Him thanks | prayer hands in front, bowing head |
| at eventide  | Sign for evening: left hand open with palm down (like the horizon), right hand open with palm down , pulse it while lowering twice (like sun is setting) |
| and dawn | Sign for dawn: Left hand on right arm just above elbow (like the horizon), right hand thumb and index finger make a circle like sun, other fingers spread wide like the rays, raise the "sun" in front of horizon from below to above |