**Ruhi Book 3g1, Lesson 7**

**Sincerity** (... means reflecting on the outside what is inside our hearts. vs Hypocrisy. Related to Honesty, Pure Intentions, Authenticity and Motive. Is your motive pure or self-serving? Is there a hidden agenda, are you trying to trick someone by only pretending to be honest and sincere? Affirmations are sincere. Flattery is not. Sincerity inspires us to be truthful and faithful in our dealings with others. It is through our sincerity that others can see the purity of our hearts and place their trust in us. Mean what you say, say what you mean.)

**List of supplementary materials and instructions**

**Token:** Silver bell on silver chain or cord (from the story Hannah GoBrightly)

Additional Stories from the Faith:

1. The Merchant who wanted to become a Bahá'í (attached)

Stories from picture books: (\*) are the best one, in my opinion

2. *Hannah Go Brightly: Earth Angel* by Cosgrove (too many Christian myths in this story)

3. *The Emperor's New Clothes* by Sedgwick (ages 2 - 5) (pictures Great, story needs to be told differently)

4. *The Fox and the Crow* by Aesop (Percy) (story used in Junior Youth materials)

5. *Help! I really mean it!* by Child (similar to Boy Who Cried Wolf)

6. *The Boy Who Cried Wolf* by Aesop

7. *Gingerbread boyd!*

8. *Will you be my friend?* Carle

9. *Sorry!* (a boy says 'sorry' but does not really mean it.\)

Songs:

**Ruhi**

1. Yes I Believe You (Ruhi song)

**Memory Verse**

2. Integrity (Red Grammer, Be Bop Your Best, song 12)

3. Honesty (Jennifer Russell, This is Where I Live, song 03)

4. Self-Discipline (Dan Duncan, Character Counts, song 02)

Crafts:

1. Coloring sheets:

 a. Fox and Crow

Activities:

1. Drama (acting out the stories)

2. Drama (saying a phrase with insincerity, then saying it with sincerity)

**Compilation on Sincerity** (compiled by Ehsan Bayat, http://bahai-library.com/bayat\_sincerity)

 Perhaps reading through this compilation will inspire the teachers to create additional stories,

 songs, crafts and activities.