**Verse to Memorize:**

**Deal ye one with another with the utmost love and harmony,**

**with friendliness and fellowship.** ~ Bahá’u’lláh

(CD: At First Light Vol 1, SoulriseMelodies Friendliness quotation)

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| **WORDS** | ACTIONS |
| **Deal ye** | both hands out in front of you with palms up |
| **one** | put left hand out to your side as if holding the hand of a friend |
| **with another** | put right hand out to your side as if holding the hand of a friend |
| **with the utmost love** | form a big heart by curing your arms and hands over your head and touching the tips of your fingers to the top of your head |
| **and harmony** | put both hands in front of you, keeping your hands straight but interlacing your fingers |
| **with friendliness** | smile and touch your smile with both index fingers |
| **and fellowship** | put both hands out in front of you with palms up and wiggle your fingers |