**Belief in God Lesson 01**

Memorization verse: God's grace is like the rain that cometh down from heaven. 'Abdu'l-Bahá

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| **Time** | **Activity** | **Who** | **Details** | **Materials** |
| 3:30 | Play and snacks in the park |  | Snacks for children:  | Name-tags |
| 4:00 | Walk to Michelle's home |  | Remind children and parents to remove shoes and enter quietly | Rope with rings |
| 4:05 | Opening prayer |  | Explain why we always start with a prayer: because God is the source of all virtues, and we are asking for His help in our spiritual development. Sing "Entire being..." prayer with motions | CD with songPoster with words |
| 4:10 | Introduce Topic |  | Description of Belief in God"God created us and loves us very much. He sends great Teachers to help us learn more about God and what He wants us to do with our lives. The names of some of these teachers are Abraham, Moses, Krishna, Zoroaster, Jesus Christ, Buddha, Muhammad, the Báb and Bahá'u'lláh. They teach us how to live a good life and help others. When we believe in God and in the Messengers of God, we can grow spiritually and help others to grow too!"Can we see God with our physical eyes? No, he is invisible. But you are always with God, and God is always with you. He never leaves you all alone. And sometimes, during prayers, when we are very still, we can get a feeling in our hearts that God is near, and know how much He loves us. |  |
| 4:20 | Song 1: *Thank you, God* |  | Motions:  | CD with songPoster with words |
|  | Song 2*: He's Got the Whole World in His Hands* |  |  | CD with song,Poster with words for parents to sing along |
| 4:30 | Story book:the combined, *God is...*(This combined text from two others books by Bambi Betts and by Deborah Christensen with illustrations from Joan Walsh Anglund) |  | Demonstrations:Even though we cannot see God, He is always with us, and sometimes we get a special feeling in our hearts that He is helping us, guiding us, letting us know what is the right thing to do.Even though we cannot see the wind, we know it is there because we see the results, the effect of the wind on other things.1. Wind: Battery powered little fan can push a toy sailboat in a bowl of water. You can feel the wind on your face even if you cannot see it.2. Give the children pinwheels, when they run or swirl the pinwheels, they turn. | Large bowl or basin of water. Plastic sail boats. Battery powered fan.Pinwheels |
| 5:25 | Memorize Verse |  | Motions:**God's grace is like the rain...** **that cometh down from heaven** | Look up, raise arms over head in a V, turn in a slow circle: Make "rain" with fingers, falling all the way to the floor. | Tune similar to from last week:Be generous in prosperity and thankful in adversity |
|  | Explanation of "God's Grace" |  | God's grace falls like the rain. God's grace is His loving care. It holds us, it is constantly falling on us and swirling around us. "Grace" means even if we don't deserve it, even if we are not always patient or courteous or generous, God still surrounds us with His love. |  |
|  | Art: |  | Decorate pre-made rain sticks so we can hear the sound of rain |  |
|  | Science activity |  | God's grace falls like the rain, and it is beautiful. Fireworks in a Glass: Water, Mineral Oil and food coloring. | Tall clear glasses, oil, water, food coloring, forks to stir the oil, small pitchers |
| 5:30 | Closing song: *This Little Light of Mine* |  | One child passes out the tea-lights, another child picks them up | LED tea-lights from Michaels |
| **Backup Activities** |
|  | Discussion |  | Identifying God's virtues in the Book of His creation |  |
|  | Story |  | Board books about God |  |
|  | Handouts | Reflections for parents, coloring sheets |  |