

“Supremely lofty will be thy station, if thou remainest steadfast in the Cause of thy Lord.”³³

Supremely

1. The gardens were supremely beautiful, more beautiful than any that had ever been seen.
2. Maria’s mother made a very special cake for the family. They ate it with great enjoyment and all said it was supremely delicious.

Lofty

1. Each night before she sleeps Martha prays and feels close to God. When she goes to sleep her spirit is in a lofty state.
2. At the meeting, Kumar is giving a talk about world peace and the goodness of humanity. Kumar is speaking of lofty things.

Remain steadfast

1. Her friend keeps telling Rosemary that stars are white spots painted on the sky, but Rosemary has learned that each star is really a far-away sun. Rosemary does not change her mind. She remains steadfast in what she knows to be true.
2. Someone told Mona that it is not important to pray every day, but she kept praying because she knew it was a law of God to pray. Mona remained steadfast in following the law of prayer.

D. Story

Perhaps you know that Bahíyyih Khánum was the younger sister of ‘Abdu’l-Bahá. She was only six years old when their beloved Father, Bahá’u’lláh, was arrested and sent to prison by an unjust government, that was fearful of the truth of the divine message He proclaimed. Her family had been one of the wealthiest in the city. Now all of their possessions were taken away. At times she had only a handful of flour to eat in place of bread.

When her Father was released at last and forced by the government to leave their homeland, Bahíyyih Khánum and her family set out on mules for the city of Baghdád, in a neighboring country. The journey took three months in the bitter cold of winter. Never again would she return to the land of her birth.

For ten years, the family remained in Baghdád, where Bahíyyih Khánum passed the rest of her childhood. Then, suddenly, her Father was ordered by the authorities, still threatened by His growing influence, to leave Baghdád, and Bahíyyih Khánum, now a young woman, went with her family, first to far off Constantinople and then to Adrianople. Danger was at its height. Opposition to her Father grew, and eventually an attempt was made on His precious life.

After almost five years in Adrianople, living under such stress and strain, dear Bahíyyih Khánum was uprooted once again when the government banished her Father to the prison-city of 'Akká. For some forty years, that gentle soul lived with her family as a prisoner among the worst of criminals within the walls of the desolate city.

During that time the Father she so loved departed this world, and with His passing, it now became Bahíyyih Khánum's duty to support her beloved Brother, Who had been appointed the Head of His Father's Faith. Many of their friends and relatives, jealous of 'Abdu'l-Bahá, turned against Him. But Bahíyyih Khánum faced each blow with quiet patience and fortitude.

And when 'Abdu'l-Bahá passed into the next world many years later, Bahíyyih Khánum became the greatest supporter and staunchest defender of His grandson, young Shoghi Effendi, as he took over the duties that fell on him as his Grandfather's successor. Bahíyyih Khánum was now an old woman, some seventy years of age. Her life had been filled with turmoil and upheaval. It moved from adversity to adversity, from calamity to calamity. But her spirit remained constant, and her heart always filled with the love of God. She was steadfast and firm. The dignity and joy, the kindness and grace, that were hers as a child stayed with her until the final days of her life.

E. Game: “The Wolves and the Goats”

You can introduce today's game by telling a story to the children about a herd of goats that had to pass over a very old bridge to get to the pasture where the sweet grass grew. Underneath the bridge lived a family of wolves that loved to eat little goats. But the wolves were very lazy and always slept a lot, waking up only at the sound of a goat passing over the bridge. The goats were very smart and learned how to walk lightly over the bridge without making any noise because, after all, they did not want to wake up the wolves. They listened closely to the snoring of the wolves, and if at any moment it stopped, they would stay very still, because they knew that the wolves were listening. But if the goats stayed very still, the wolves would go back to sleep.

Now, point to a “bridge” that you have made by laying sticks at different heights between two rows of benches. The children must “cross” the bridge, going under the high sticks and over the low ones. Clap your hands or hit a pan to represent the snoring wolves. Every now and then, the snoring stops and the wolves wake up. At those times, the children crossing the bridge have to stay absolutely still, even if one of their feet is in the air, until the wolves go back to sleep. If a child knocks down a stick or makes even the smallest noise, the wolves wake up and gobble up the little goat.

F. Coloring: Drawing 24

G. Closing prayers

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