**Wellspring of Joy, Lesson 2 Apr 08,** revised 08-Apr-2020

Theme: “That was hard, but we also had fun”, says Pa Mu

Memorization (from Grade 6)**:** The days when idle worship was deemed sufficient are ended. The time is come when naught by the purest motive, supported by deeds of stainless purity, can ascend to the throne of the Most High and be acceptable unto Him. ~ Bahá’u’lláh

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| **Time** | **Activity** | **Who** | **Details** | **Materials** |
| 3:35– 4:00 | Welcome as people gather | All | Greeting, chatting. Chat room open |  |
| 4:00 - 4:05 | Opening prayers  | Reina or May | Prayer from book, or known from heart, or spontaneously. | Prayer books |
| 4:05 – 4:15 | Checking in | May or Reina | How is each girl, and each family, coping? |
| 4:15 – 4:20 | Review guidelines for meeting on Zoom | May or Reina | **New: Chatting will be disabled during the meeting, so that it is not a distraction.** |  |
| 4:20-4:30 | Homework check | Reina or May | Lesson “Activities” the girls did during the week. Quickly review the answers. |  |
| 4:30-4:40 | Read the lesson. 11 short paragraphs | Reina or May | Girls take turns. Animators can decide to pause reading if a point needs to be further discussed. |
|  | Movement options | May or Reina | 1. Stand up, shake arms, legs, head rolls
2. VERY active Simon Says
3. ..
4. ..
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| 4:40 | Lesson Activities, homework ? | Reina or May |  |  |
| 4:45-5:00 | Discussion |  | Sample discussion questions based on “That was hard, but we also had fun”, says Pa Mu1. Why is Saw Tu concerned about making his parents happy?
2. Is it his responsibility to make them happy?
3. If not, what is his responsibility? (for example, not to be the cause of grief or concerns.)
4. What are ways he could be the cause of their grief or concerns?
5. What are ways he can...
6. These times are also hard. What are ways you still have fun?
7. Are you able to go outside every day?
8. What do you do when outside, to stay safe?
9. Are you able to actually play outside, with your family? Can you run and exercise?
10. If you cannot go outside, how else can you schedule time to enjoy nature?
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| 5:00 – 5:10 | Singing | Reina | 1. Sing the song from last week “The days when idle worship...”
2. Also, “If thine eyes be turned towards mercy...”
 | New and old prayerbooks |
| 5:10-5:15 | Optional story | Joan | One or two stories about the use of humor during times of hardship, and to convey a serious topic | Stories  |
| 5:15 – 5:25 | Show memory book covers. Explain new activity | Joan | New activity: “Hexagon booklet”1. Show ‘cut out’ booklet, especially the tabs and reason for the tabs.
2. Show ‘completed’ booklet, including orientation
3. The booklet can be printed on colored cardstock, OR the girls can color white paper with colored pencils, crayons, markers
4. The 11 hexagons will hold the words. “Joy” for the front, the Verse for the center. Things the bring the girls joy, or things the girls can do to bring other people joy, can be written on the hexagons and pasted into the booklet.
5. If the girls wish, they can also draw/illustrate the ‘outer’ leaves of the booklet, right on the ‘pages’ or onto hexagons then glued into the booklet.
6. When finished, you can glue your hexagon booklet into your Memory Book
 | Print-out, coloring tools, pen or pencil. Partly finished, and completely finished examples. |