Junior Youth Spiritual Empowerment Program

Wellspring of Joy, Lesson 01

Art Activity.

The junior youth are each creating a Memory Book using a blank book (large landscape book from www.barebooks.com)

(<https://www.barebooks.com/product/1601set-landscape-blank-big-bare-book-set/>

For our first activity, we decorated the front with the name: Junior Youth Spiritual Empowerment Program, or JYSEP. We decorated the back with the junior youth’s own name. We gave each JY a small bottle of glue, and some stickers and other things they could use if the wanted, for the decorating. To make it easy, we provided large letter-stickers from Michaels.com spelling out the JY’s name, plus additional fun stickers. The JY were encouraged to use their imaginations to add more. In the example, one of the Animators wrote her name using “Zentangles” art.

On the inside front cover of the book, the animator wrote “Acts of Service” and a numbered list. The JY are encouraged to list the Acts of Service they plan to do regularly for their family and community.