

Issue No. 6  
Bahá'í Month of  
**Bahá**

**SPLENDOUR**

1<sup>ST</sup> Month of 175 BE  
March 20<sup>th</sup> at sunset –  
April 8<sup>th</sup>, 2018

# Mine Rich In Gems Presents 19 Day Feast Pages for Kids

## GEMS MESSAGE OF THE MONTH

**Bahá** means "splendor". The month of **Bahá** begins at sunset on March 20<sup>th</sup> 2018, and it lasts for 19 days. It's the first month of the Bahá'í year.

Happy be the one who entereth upon the first day of the month of Bahá, the day which God hath consecrated to this Great Name...

~ Bahá'u'lláh

**Naw-Rúz** is a holy day that celebrates the New Year. It also starts at sunset on March 20<sup>th</sup> but it only lasts 24 hours. Naw-Rúz marks the beginning of spring and renewal. Bahá'ís all around the world celebrate Naw-Rúz with prayer, food, decorations, fun activities, singing, and joyful "leaping and dancing"!



The blacks and browns of winter leave  
With the splendor of spring  
As new life appears in the bright greens  
And sweet music sings in the trees.  
~by Auntie Lili

Can you write a spring poem too?  
Mention things you like about spring!

\*consecrated means to  
make sacred or connected to God

# What is Naw-Rúz?

Naw-Rúz is a Holy Day. Bahá'ís make every effort to be excused from work or school on this day. What are your plans for Naw-Rúz this year (175 BE)?

Naw-Rúz literally means new day. It happens at the beginning of spring (the first day of the Spring Equinox). This is the time when nature makes things new again. The weather becomes warmer, birds chirp, and new plants spring up. It's a time of celebration. This year starts the 175<sup>th</sup> year of the Bahá'í Era (BE).

'Abdu'l-Bahá explained the significance of Naw-Rúz in terms of spring and the new life it brings. As the fast ends, He said they could turn a new page in their lives, inspired to **right action and spiritual excellence.**

'Abdu'l-Bahá offers us ways to celebrate this wonderful holy day. Read the quotations with your friends and discuss the questions.

▪ “If we are not happy and joyous at this season, for what other season shall we wait and for what other time shall we look?”

▪ When and how can we be happy and joyous?

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▪ “This is the time for growing; the season for joyous gathering!”

▪ What can we grow (hint: in our own hearts? In our daily habits?)

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▪ “...leap and dance with ecstasy in the triumphal procession of the Covenant!”

▪ What does “triumphal procession of the Covenant” mean? (dictionary time!) Now leap and dance!

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▪ “...turn to the presence of the generous God...”

▪ How is God generous?

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▪ “...ask assistance from the Kingdom of Abhá...”

▪ What can we ask for?

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## Gems Kids Talk

Special things kids can do for Naw-Rúz: ... make decorations and special dishes to share, help moms with their babies and older folks carry their food.

**SOO:** It's time for Naw-Rúz!! At the celebration, there's going to be some really yummy food tonight. I'm bringing a fruit-rainbow platter and volunteering to help serve.

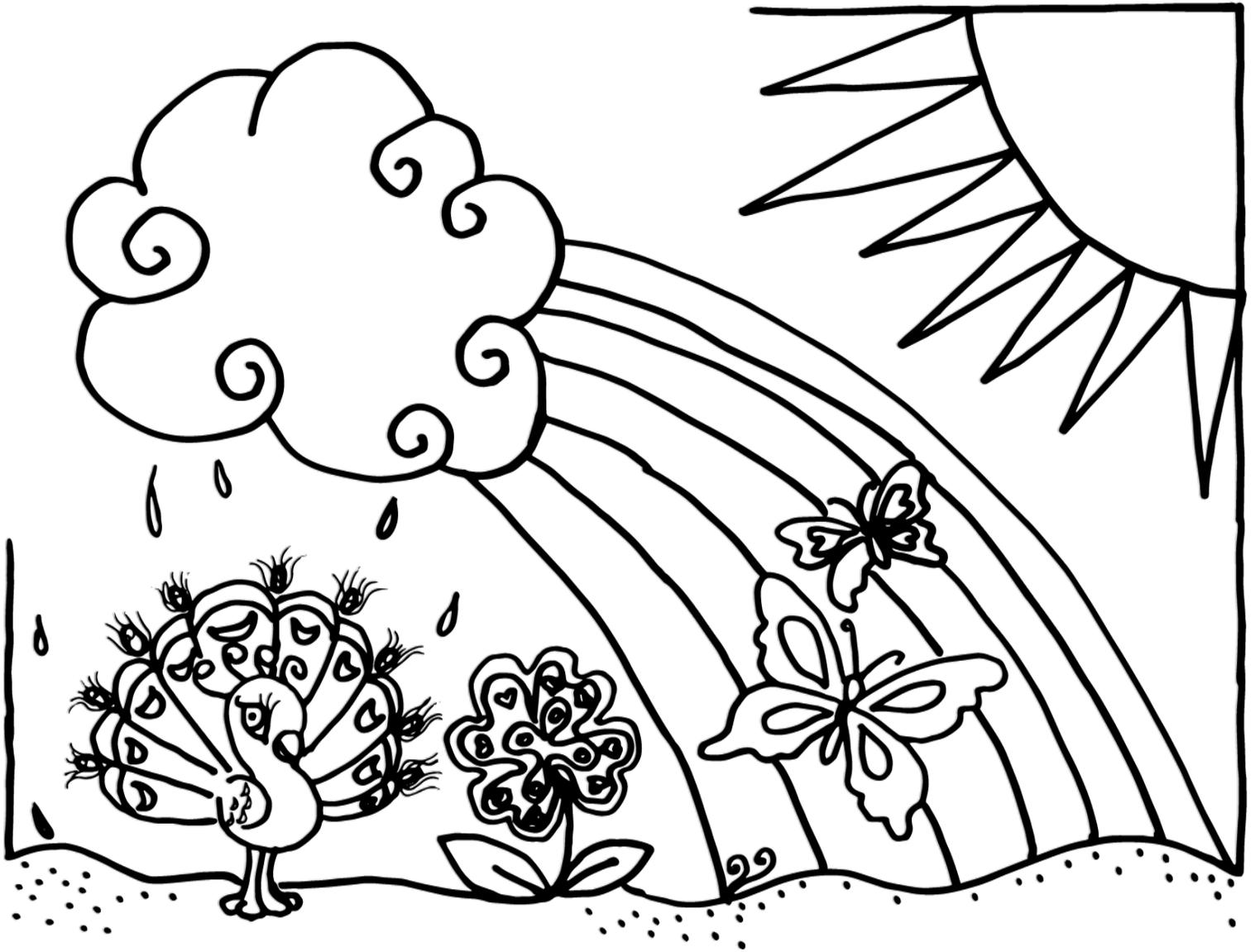
**DOROTHY:** Cool! I love fruit. They're going to need lots of help at the celebration. A lot more friends are coming tonight. I'm going to help with the little babies. I love babies!

**OLINGA:** My grandparents are coming. There's going to be lots of grandparents and grand-uncles and grand-aunties. I'm going to help because they need help carrying their food.

**FAIZI:** I'm helping, too. I'm so glad we're working with the junior youth to make peacock decorations for the tables. I almost forgot - we're making a big rainbow heart wreath for the door, too!



# Gems Coloring Page



Naw-Rúz - Bahá - Splendor

## Gems Bigger Word Search

Here's a fun word:

# Splendiferousness!

It means marvelousness, wonderfulness and splendidness. Use "splendiferousness" in a sentence - post it to our Facebook page!

## NawRuz Baha Splendor

T H I N G S P L E N D O R M T  
 M N H Q O R D I N A R Y I H L  
 I N O B I L I T Y C A W E N U  
 R G B R E A T H J E L Y M F X  
 A A R A E Y G A C L N T C W U  
 C O R N A T E J R E S S I D R  
 L S G L O R Y M E B H E M I Y  
 E C N E L U P O A R T J P D F  
 E C N A G E L E T A N A R N N  
 M L E V R A M J E T O M E E W  
 O X D E T F A W D I M U S L O  
 S C V D G L O R I O U S S P R  
 Y T U A E B Y R G N I G I S C  
 F O I Y M O D E S T Y P V B H  
 J O Y F U L J G R A N D E U R

SPLENDOR	MAJESTY
JOYFUL	NOBILITY
CELEBRATION	NEW
MARVEL	YEAR
MIRACLE	DAY
GRANDEUR	CROWN
IMPRESSIVE	MONTHS
SPLENDID	BREATH
OPULENCE	WAFTED
LUXURY	CREATED
ORNATE	THINGS
GLORY	ORDINARY
GLORIOUS	MODESTY
BEAUTY	
ELEGANCE	

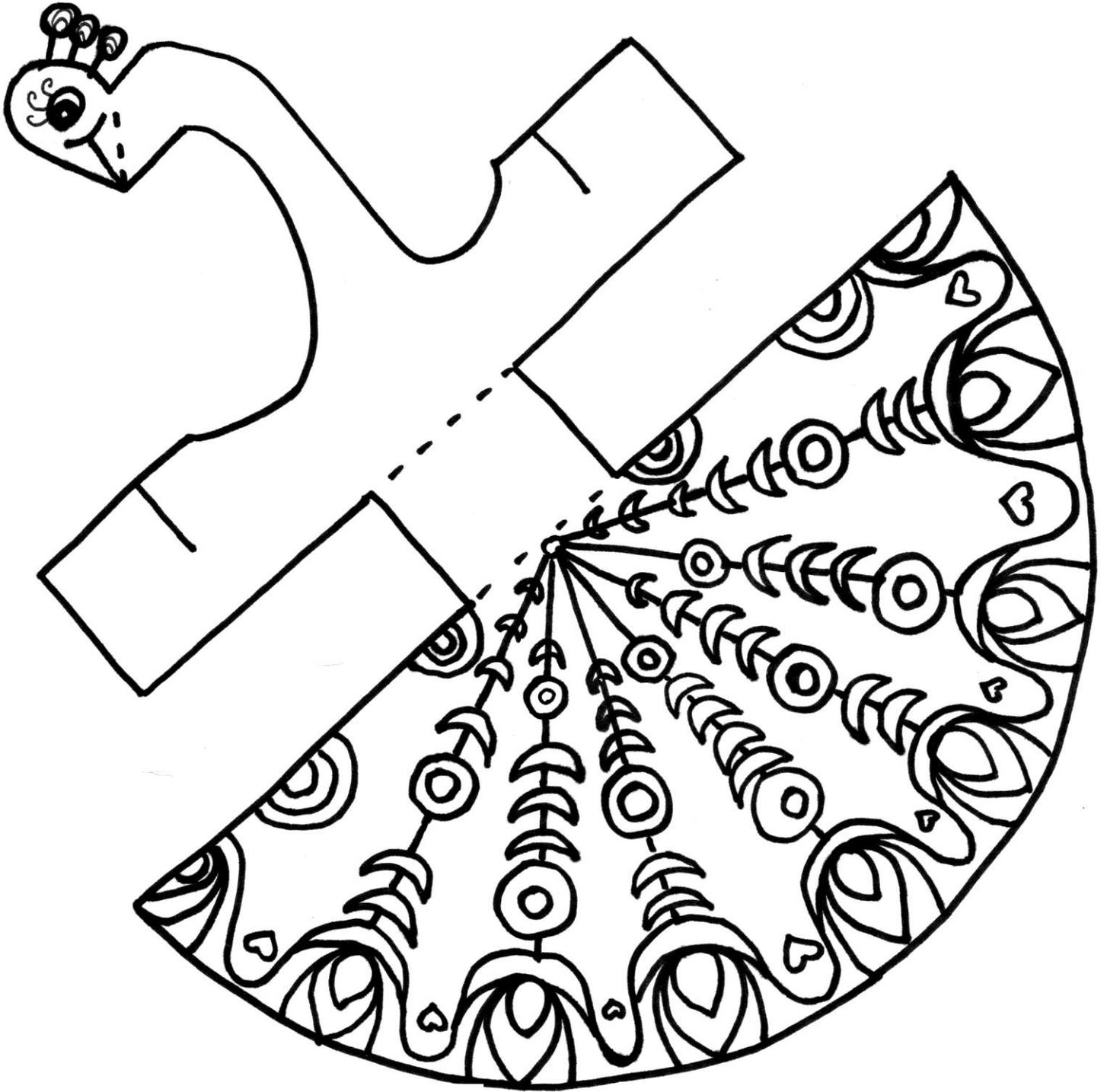
## Gems Craft: Splendiferous Peacock!

**Make super cute "Splendiferous" peacocks to decorate a Naw-Rúz party table, at the Feast of Bahá or to be puppets for a skit.**

1. Make copies (or trace) the pattern on the next page
2. Color with beautiful rainbow of colors.
3. Cut out around the dark lines (including the two around the shoulders)
4. Fold at dotted lines (along the beak and between shoulders and feathers)
5. Bend edges of body around and tuck feathers into 2 slits.
6. Share your creations on Facebook!



# Gems Craft: Splendiferous Peacock Pattern



## Gems Word Search

Affirmation:

I am happy and  
joyous at this season!

## NawRuz Baha Splendor

D O P K W E M L I F H N U B T  
 B W E Y T U A E B N B X G P K  
 L C L C O R D I N A R Y Z B P  
 Q N E G F B W Z E W G W Y I M  
 G J G B G H A D A R Y E A R J  
 Q F A O Q C C K X U O N E T Y  
 O R N Y V Z R J E Z B C Y A R  
 C D C H V V Y M A J E S T Y O  
 N S E U U S V V X O L E Y A D  
 R G C U L W X S Q A O V A G N  
 T R R F K G L O R I O U S N E  
 N N O I T A R B E L E C T I L  
 O P W Q G S X U W Z B W W R P  
 E N N J W Z D D I D N E L P S  
 U O L U F Y O J M E I I U S S

NAWRUZ  
 SPLENDOR  
 JOYFUL  
 CELEBRATION  
 SPLENDID  
 GLORIOUS  
 BEAUTY  
 ELEGANCE  
 MAJESTY  
 SPRING  
 NEW  
 YEAR  
 DAY  
 CROWN  
 ORDINARY

Gems Arts & Crafts

**What a SPLENDID Rainbow!**  
**I feel hopeful, happy and joyful.**

For either Naw-Rúz or the Feast of Bahá, you could make a fruit rainbow. Pick yummy fruits to arrange for your rainbow to share. Or you could make this fun treat for both special events!



To make clouds - try a pile of mini-marshmallows.



**Peacock Rainbow Fruit Challenge**

**To Prepare:**

1. Get some fruit.
2. Wash fruit.
3. Cut fruit with a grownup.
4. Arrange the fruit in arcs on a special plate.

**Tip:** You can cut cardboard and cover it in tinfoil for a really big platter!



**How Splendid!**

You'll need: toothpicks to hold the eyes, carrot for the beak and feet.

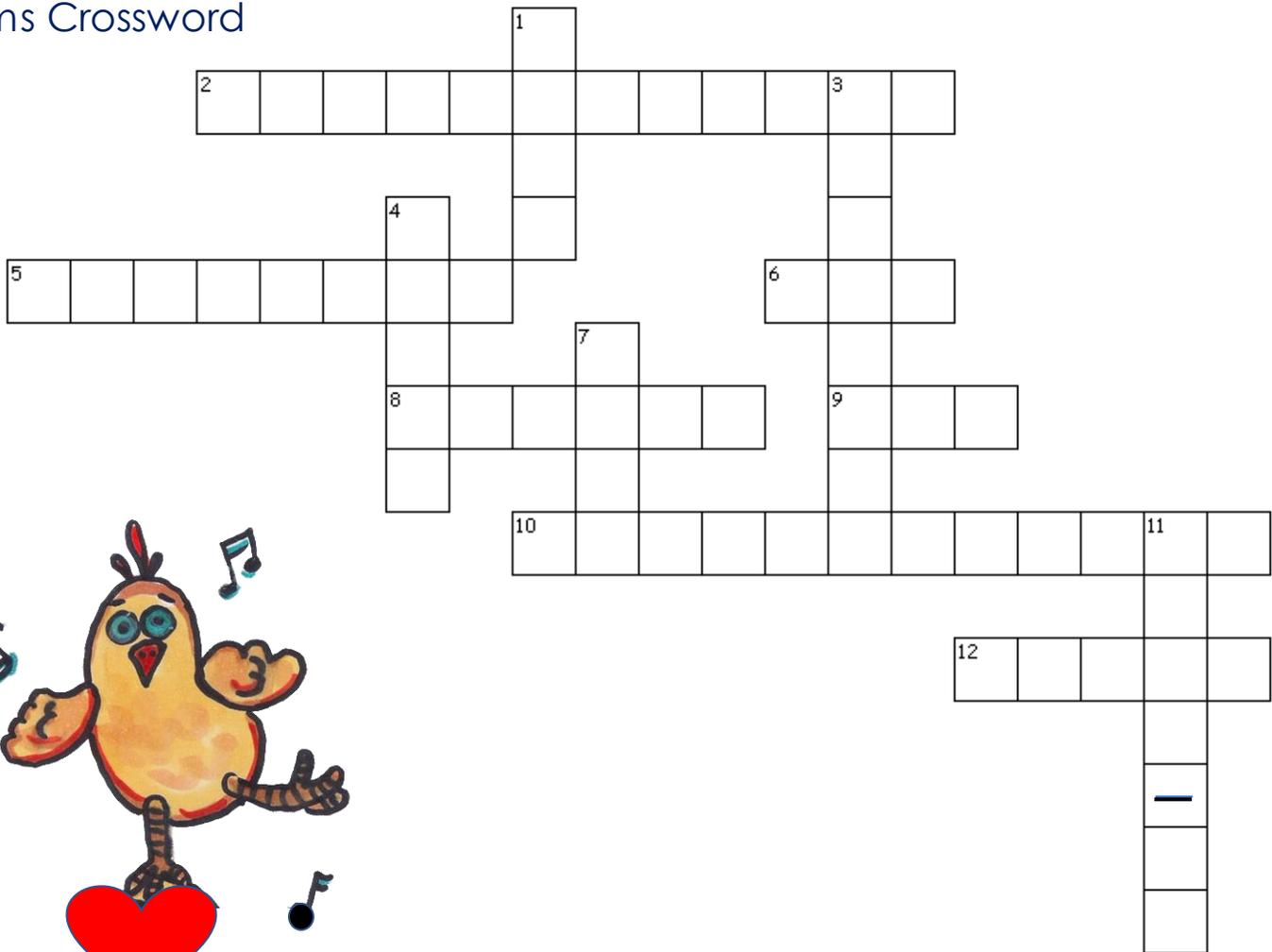
*Be creative and use other fruits and veggies, too.*

**Rainbow fruit ideas** - strawberries, blueberries, blackberries, raspberries, orange or tangerine sections, grapes of all kinds, pineapple chunks, melon, mango, apple, pear and banana slices, kiwi circles...



*"If we are not happy and joyous at this season, for what other season shall we wait and for what other time shall we look? This is the time for growing; the season for joyous gathering! ... leap and dance with ecstasy ... ask assistance from the Kingdom of Abhá; seek confirmation from the Supreme World; turn thy vision to the horizon of eternal wealth; and pray for help from the Source of Mercy!" - 'Abdu'l-Baha*

# Gems Crossword



### Across

- 2. \_\_\_ is the opposite of splendor
- 5. Marvelous, wonderful, fabulous
- 6. The \_\_\_ year starts on the first day of the first month
- 8. March 21<sup>st</sup> is the day for the \_\_\_ Equinox
- 9. Naw-Rúz means New \_\_\_
- 10. Festive parties with joy and gladness
- 12. Bahá is the \_\_\_ of months

### Down

- 1. First month of the Bahá'í calendar
- 3. Bahá
- 4. Bahá is the \_\_\_ Bahá'í month
- 7. With spring comes new \_\_\_
- 11. New day

- CROSSWORD ANSWERS
- ACROSS
  - 2. ORDINARINESS
  - 5. SPLENDID
  - 6. NEW
  - 8. SPRING
  - 9. DAY
  - 10. CELEBRATIONS
  - 12. CROWN
  - DOWN
  - 1. BAHÁ
  - 3. SPLENDOR
  - 4. FIRST
  - 7. LIFE
  - 11. NAW-RUZ

## Gems Arts &amp; Crafts

**RAINBOW HEART WREATH to wish all a Happy Naw-Rúz!**

**MATERIALS** - cardstock or construction paper (cut one inch strips 8.5 inches long in spring colors), scissors (for cutting cardstock), mini-stapler (for connecting the paper hearts), ribbon (for hanging the wreath on the nail/tack), nail or tack (for the wall for hanging the wreath).

**Step 1.** Fold your colorful paper (8.5" x 11" = 4.25" x 11") in half vertically; cut off one inch strips of the rainbow color papers using your scissors.

**Step 2.** With the fold as the point of the heart join the two ends to make a heart shape; use the min-staples to connect the center-point of the heart shape. Repeat to make as many hearts as you like.

**Step 3.** Make a cricle with your colorful hearts placing the colors in a pattern. Staple them together on the back side so the staples don't show so much.

**Step 4.** Staple a piece of ribbon on two hearts across from the top heart or hearts as shown. If you like, make a "Happy Naw-Rúz" sign to hang in the middle.

**PAPER ROLL TULIPS!**

**MATERIALS:** toilet paper rolls, paper towel rolls, construction paper.

**Step 1.** Cut the tulip shapes in construction paper. Cut nicks into rolls as seen:

**Step 2.** Color them with paint. Green for stems. Colors for flowers.

**Step 3.** Assemble.

For more ideas: <http://mollymooarts.com/paddys-day-tomfoolery/>

## Gems Stories



### ATTRIBUTES OF GOD

Mr. Bustard took a triangular shaped bar of glass from his briefcase. "Does anyone know what this is?" he asked as the four children in his class examined it.

<http://bahaistoriesforchildren.blogspot.com/2017/05/attributes-of-god.html>

### A STORY FOR JUNIOR YOUTH & YOUTH

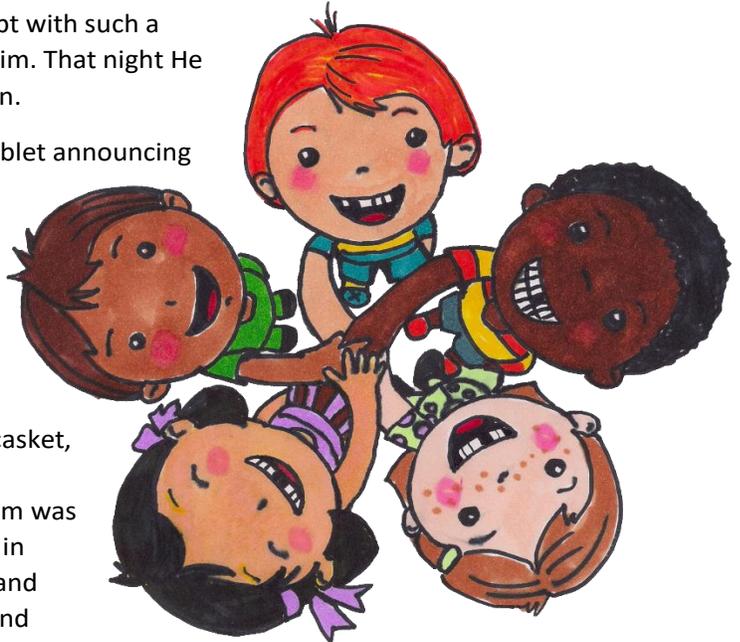
Here's a story from "God Passes By," p. 276. "God Passes By" was written by Shoghi Effendi, the grandson of 'Abdu'l-Bahá.

The first day of Naw-Rúz, 1909, 'Abdu'l-Bahá had been released from His confinement in 'Akká. It was a time of celebration. Believers from the East and from the West gathered. Then, in the presence of, 'Abdu'l-Bahá placed with His own hands the blessed remains of the Báb in a specially made marble sarcophagus (tomb or casket). At long last, the earthly remains of the Báb (The Báb was the forerunner of Bahá'u'lláh) were safe.

"On the [day] of the first Naw-Ruz (1909), which He celebrated after His release from His confinement, 'Abdu'l-Bahá had the marble sarcophagus transported with great labor to the vault prepared for it, and in the evening, by the light of a single lamp, He laid within it, with His own hands — in the presence of believers from the East and from the West and in circumstances at once solemn and moving — the wooden casket containing the sacred remains of the Báb and His companion.

When all was finished, and the earthly remains of the Martyr-Prophet of Shiraz were, at long last, safely deposited for their everlasting rest in the bosom of God's holy mountain, 'Abdu'l-Bahá, Who had cast aside His turban, removed His shoes and thrown off His cloak, bent low over the still open sarcophagus, His silver hair waving about His head and His face transfigured and luminous, rested His forehead on the border of the wooden casket, and, sobbing aloud, wept with such a weeping that all those who were present wept with Him. That night He could not sleep, so overwhelmed was He with emotion.

"The most joyful tidings is this," He wrote later in a Tablet announcing to His followers the news of this glorious victory, "that the holy, the luminous body of the Báb ... after having for sixty years been transferred from place to place, by reason of the ascendancy of the enemy, and from fear of the malevolent, and having known neither rest nor tranquillity has, through the mercy of the Abhá Beauty, been ceremoniously deposited, on the day of Naw-Rúz, within the sacred casket, in the exalted Shrine on Mt. Carmel... By a strange coincidence, on that same day of Naw-Rúz, a cablegram was received from Chicago, announcing that the believers in each of the American centers had elected a delegate and sent to that city ... and definitely decided on the site and construction of the Mashriqu'l-Adhkar."



See ya next month!  
Love,  
The Gems Kids