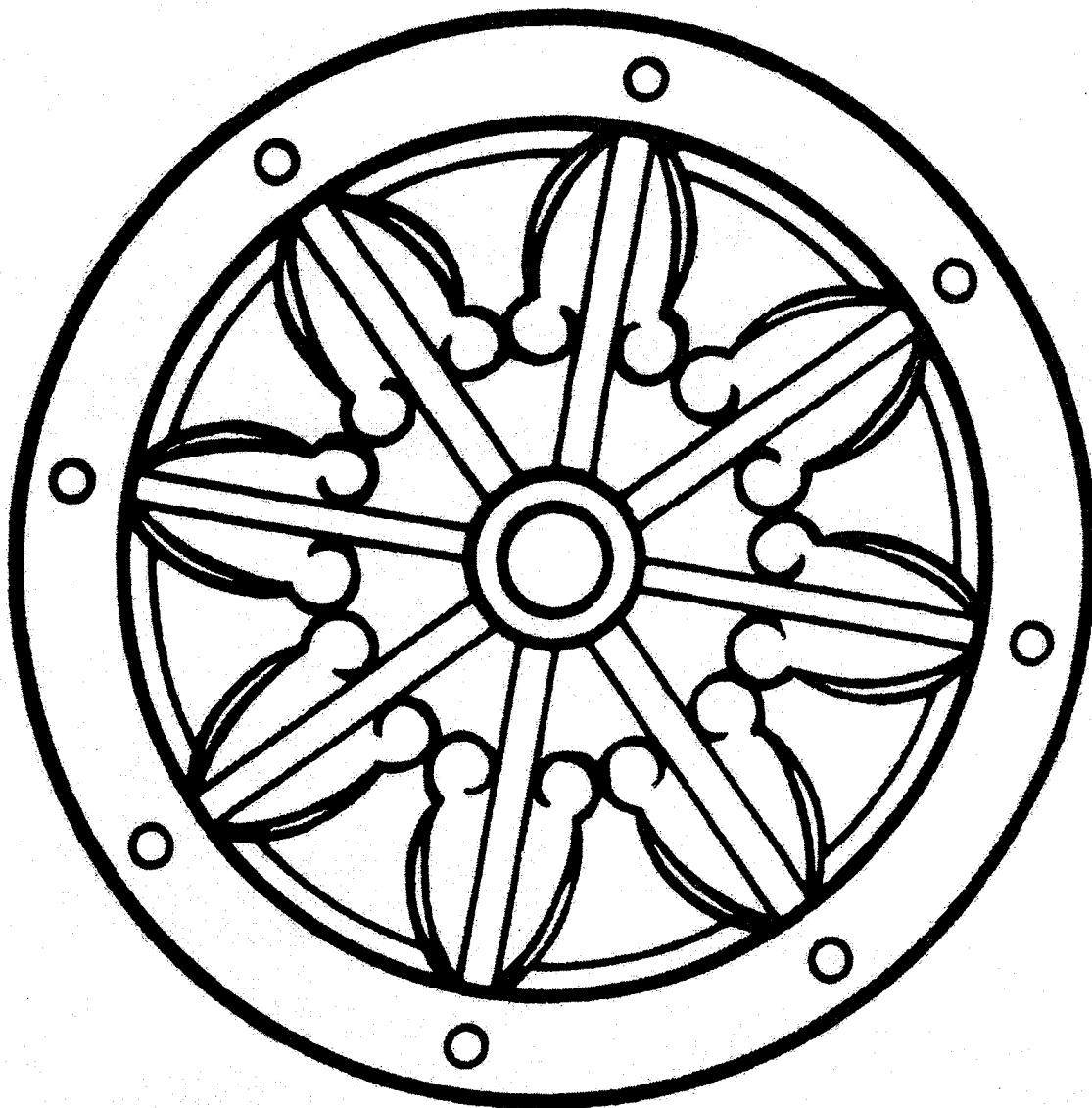


## **BUDDHA'S EIGHTFOLD PATH** that leads to the end of suffering.

- |                        |                        |
|------------------------|------------------------|
| 1. Right Understanding | 5. Right Living        |
| 2. Right Mindedness    | 6. Right Effort        |
| 3. Right Speech        | 7. Right Attentiveness |
| 4. Right Action        | 8. Right Concentration |

**THE WHEEL OF LIFE.** This is the main symbol of Buddhism.  
**WRITE** one instruction of the Eightfold Path on each spoke of the Wheel.



### **FIVE PROMISES THAT A BUDDHIST MAKES FOR RIGHT LIVING.**

- I promise to train myself not to hurt or injure any living thing.
- I promise to train myself not to take anything that is not mine.
- I promise to train myself not to say what is not true.
- I promise to train myself not to drink that which will make me drunk or lazy.
- I promise to train myself not to misuse my body or the body of another.

WHAT ARE  
**5 PROMISES**  
THAT YOU CAN MAKE FOR RIGHT LIVING?

---

**I PROMISE.....**

.....  
.....  
.....

**I PROMISE.....**

.....  
.....  
.....

**I PROMISE.....**

.....  
.....  
.....

**I PROMISE.....**

.....  
.....  
.....

**I PROMISE.....**

.....  
.....  
.....