**Ruhi Book 3g1, Lesson 9**

**Humility (vs Pride)**

**List of supplementary materials and instructions**

Additional stories from the Faith:

1. From *Sweet and Enchanting Stories* compiled by Rohani (stories attached)

a. Story 10: Qualities pleasing to Bahá'u'lláh (p33)

b. Story 34: Four Stories of Ayáz (p77)

2. Stories about the humility of Mirzá Abu'l Fadl (attached)

3. Story about 'Abdu'l-Bahá and Isfandíyár (attached)

Stories from picture books (mostly pride vs humility):

1. *The Sneetches* by Dr Seuss (esp The Zax)

2. *Yertle the Turtle and other* Stories by Dr Seuss (Yertle the Turtle, also The Big Brag)

3. *Mufaro's Beautiful Daughter* by Steptoe (humility vs pride)

4. *The Little Black Hen* by James (+ obedience, diligence)

5. *Bird Adalbert* by Bohdal

7. *The Tower: a story about* humility by Evans

8. *The Proud Peacock: a story about humility* by Dharma Publishing

9. *Nitter Pitter* by Cosgrove

10.*The Mightiest* by Kasza

11.*Sheila Rae, the Brave* by Henkes

12.*The Nightingale* by Hans Christian Anderson (two versions, illustrated by Pinkney, illustrated by Montresor)

Songs:

**Ruhi**

1, 2, 3. Be Like the Earth

**Verses and Prayers**

4. Humble thyself before Me (Los Nice Guys)

5. Humble thyself (Nabil Huening, The Hidden Words, song 02)

**Other songs about Humility**

6. Humility (Jennifer Russell, Virtues Songs, CD 2)

7. The Rain is Falling (Red Grammer, Laughter of Angels, song 15)

8. Meek and Lowly (JB Eckl, Badasht Vol 1, song 1)

Crafts:

1. Make a collage based on the song "Be Like the Earth" with trees, gardens, other lovely things from the earth, then write onto the collage these words from the song "Be like the earth, be like the tree, rise to the heaven of glory on the wings of humility"

Activities:

1. Drama: Act out different situations in a way that is prideful then is a way that is humble

a. Got a new toy for birthday

b. Wearing a new dress today, and your friends notice.

c. Received good grades on a test

Games

**Highly Active Games**

Ego Balloons

**Low Activity Games**

Magical clay