**Ruhi Book 3g1, Lesson 14**

**Detachment from all save God**

**List of supplementary materials and instructions**

Additional stories from the Faith : From: *Thoughts: Education for Peace and One World*

1. En route to Fort Tabarsi

2. The Bábís in the Síyáh-Chál

(and in the Siyah Chal, the song taught to the prisoners by Baha'u'llah was "God is Sufficient Unto Me"

3. Fujita

4. Bahá'u'lláh and the Egyptian Merchant

5. Lucky Hans (with coloring sheet)

6. Discussion Questions

Stories from picture books:

6. *Trapper* by Cosgrove

7. *Tenzin's Deer* by Soros (+ kindness, selflessness)

8. *The Dragons of Rizvania*, story 2, by Handy

9. *The Pearl* by Heine (friendship vs 'things', materialism, greed)

Songs (\* = my favorite!):

**Ruhi**

1. That is how Bahá'ís Should Be

**Prayer and memory verse**

2. Memory verse by Los Nice Guys

**Songs from other artists**

3. Detachment (Jennifer Russell, Virtue Songs Box 1, song 10)

4. Gotta Let Go

5. Let Go (Chris Ruhe, Fire and Snow, song 10)

6. Letting Go (Circle of Peace, A Pace of Grace, song 13)

7. God Sufficeth (Seaforth and Jenkins, Dove, song 6)

8. \* God Sufficeth (the round) (Paul Seaforth and Emily Price, Lift up your voices and sing, vol 2, song 10)

9. God sufficeth (JB Eckl, Badasht vol 1, song 7)

10.God is Sufficient Unto Me (Black Men's Gathering, Done Made My Vow, song 9)

11.God is Sufficient (Cynthia Norris-Dorren, song 2)

12.God is Sufficient Unto Me (Voices of Bahá in Concert, song 2)

13.God is Sufficient (Rachael Price, From Exile to Exaltation, sons 1 and 17)

14.God is Sufficient Unto Me (Building Bridges demonstration tape, song 30)

15.Detachment (The Workshop for the Arts, Unrestrained as the Wind, song 3)

Verses from the Writings about Detachment

Crafts

1. Coloring sheets

Activities

1. Discussion questions (from above, after the stories)

2. "Are you Stressed Out?"

Games- Linda Quall’s manual (see General Resources on [www.supportingthecoreactivities.org](http://www.supportingthecoreactivities.org) in the children’s class section)

Highly Active Games

**Ver Ver Aras Lama**

**Illustrative Game**

**Shake the Snake, or aka Dynamic Detachment**

Low Activity Games