**Ruhi Book 3g1, Lesson 10**

**Thankfulness**

**List of supplementary materials and instructions**

Stories for ages 2 - 5:

5. *The Good in Me from A to Z* (ages 2-5)

6. *Hooray for the Planet* by Fitzgerald (ages 2 - 5)

7. *Thank You, God* by Hallinan (ages 2 - 5, board book)

8. *I'm Thankful for Each Day* by Hallinana (ages 2 -5, board book)

9. *Let's Be Thankful* by Hallinan

10. *Bless Your Heart* by Bea

11. *Good night, God* by Bea

12. *Thankfulness: Values to Live By* by McDonnell

13. *Thankfulness: What is it? by McDonnell*

14. *The Child's World of Thankfulness* by McDonnell (2-5)

Stories from picture books:

15. *Thank You, World* by McGinty

16. *I'm in Charge of Celebrations* by Baylor (celebrating things to be thankful for)

17.\**The Secret of Saying Thanks* by Wood (Bahá'í author)

18. *Thank you God* by Bea

19. *Jamaica is Thankful*

20. *Rainbow Love* by Anglund

21. \* *Something Beautify* by Wyeth

22. *The Boy from the Dragon Palace* by MacDonald

23. *The Yellow Elves* by Derhachov

24. \**A New Coat for Anna* by Ziefert (similar story as in Ruhi, lovely illustrations)

25. *Quest for the Crystal Castle* by Millman

Stories from anthologies:

26. *Buddha at Bedtime: The Kind and Wise Stag*

Songs:

**Ruhi**

1. I Thank and Praise Thee Lord (Joan Lincoln)

**Prayer to Memorize**

2. Blessed is the spot (Caroline Mackay, The King of Names, song 5)

3. Blessed is the spot (Lift Up Your Voices and Sing, vol 3, song 10)

4. Blessed is the spot (Maui Ruhi, song 4)

5. Blessed is the spot (Grant Hindin Miller, Sacred Verses, song 03)

6. Blessed is the spot (Rose-Marie Peterson, Intone, song 9)

7. Blessed is the spot (Susan Engle, Come and Sing, song 14)

8. Blessed is the spot (Paul Parish, Selections from the Baha'i Writings, song 11)

9. \*Blessed is the spot (Children sing songs from the Peace Pack, song 01)

10. Blessed is the spot (William Sears & Children, Happy Ayyam-i-Ha, song 16)

11. Blessed is the spot (Heartfelt Connections, song 10)

12. Blessed is the spot (TaliaSafa, Attract the Hearts, song 04)

**Memorization Verses**

13. Offer Thanks to God (Los Nice Guys)

14. Thankfulness (At First Light, Soulrise Melodies: Reflect O people on the grace and blessings of the world)

**Songs from other artists**

15. Attitude of Gratitude (Zippity2Dads, Thumbs up for Character, song 09)

16. Gratitude (Red Grammer, Be Bop Your Best, song 09)

17. Thank you song (Family Learning House, Favourite Children's Songs, song 14)

18. Thank you (Jack Lenz, We Are Bahah'is too, song 11)

19. Thankfulness (Jennifer Russell, Virtues Songs CD3, song 13)

20. Thanks a Lot (Raffi, Quiet Time, song 10)

21. Thankfulness (Virtues in Us, School Age, song 17)

22. Thankfulness (Virtues in Us2, Quotations, song 14)

Crafts:

1. Coloring sheets

2. Gratitude Scrapbook: Take several sheets of paper and a cardstock "cover", fold in half, and staple them together to make a book. On each page, paste a picture from a magazine, or draw a picture, of the things you are thankful for. Write the item's name under each picture. Now you have a keepsake that will last longer than one season. Date the book and pull it out each year.

3. "MayDay" basket/cone, with things you are thankful for written on craft-sticks (tongue depressors)

4. Thankful Wreath

Activities:

1. Go around the circle, each child naming something to be grateful for. Make it a game by seeing how many times around the circle you can go. Count each time you complete the circle. Children can help each other. List the ideas on a white-board so there are no repeats, but also so the children can see how many things there are at the end.

2. Circle of Praise

Set the children in a circle and tell them that you are grateful for each one of them. Each of them possesses a unique personality that offers diversity as well as fun to the class. If your class is small enough the teacher may want to tell one praiseworthy thing about each child. After you have finished, explain that each of them is going to have the opportunity to express something they particularly like about the person on their left and the person on their right. Just go one direction if time does not permit to go both ways. Remind them to be thoughtful about what they say ... so and so is friendly to everyone, always follows through, is truthful, accepts people for who they are, has a great smile, etc.

3. Have the children make a collage of the things they are thankful for.

4. 10-Minute Life Lessons for Kids (page 149-168)

 a) Around the World

 b) A Touch of Gratitude

 c) The Happiness Test

 d) Uncovering Blessings

5. Gratitude Activities for the Classroom by Vicki Zakrzewski

6. Gratitude: A Virtue-Building Lesson Plan by Annie Reneau

Science Activities:

1. Alka-Seltzer tablet

2. Water and balloon

Games

**High and Low Activity Games**

Parent Power I, II and III